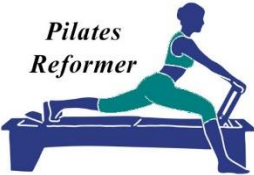





**Fit over 50 studios**

18417 Hwy 105 W  
Suite 5  
Montgomery, TX 77316  
Tel. (936) 446-9144

| Services   | Group Fitness Classes<br><b>Become a Member!</b>   |   |
|--|--|---|
| <p>Group Fitness Classes<br/>Member perks:<br/>*complimentary snacks and drinks<br/>*aromatherapy towels after class<br/>*VIP party access<br/>*more</p> <p>Personal Training &amp;<br/>Private Reformer Classes</p> <p>Group Pilates Reformer Classes</p>  <p><i>Pilates Reformer</i></p>  <p><i>Fit Over 50</i></p> <p>Parties<br/>Luncheons<br/>Anti-Aging Service<br/>Space Rental</p> | <p><b>Best Value – See member perks!</b><br/>Monthly Membership Unlimited<br/>10 Class Pass<br/>Drop-in</p> <p><b>Personal Training &amp; Reformer Private Sessions</b></p> <p>Single session - one hour<br/>One hour – 10 sessions<br/>One hour – 20 sessions<br/>One hour – buddy (2 people)<br/>Ten (10) - one hour buddy sessions<br/>Single session – half hour<br/>Half hour – 10 sessions<br/>Small Group (3-5 people)</p> <p><b>Group Pilates Reformer classes 2- 4 people</b></p> <p>One (1) class in group setting<br/>Six (6) classes in a group<br/>Twelve (12) classes in a group</p> | <p><b>199</b></p> <p>300</p> <p>40</p> <p>70</p> <p>650</p> <p>1,200</p> <p>100</p> <p>900</p> <p>45</p> <p>400</p> <p>\$399/Mo</p> <p>40</p> <p>210</p> <p>360</p> |

**Contact Information**  
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